Resilient

The resilient learner persists, remains positive throughout, and stays involved with their learning, sets targets and practices.

The Resilient Learner	Poor resilience	Average Resilience	Excellent Resilience
Persists **Remains positive**	Gives up easily Displaces responsibility immediately Sees no value in being involved Is overwhelmed by setbacks Negative mindset	Gives up when things get difficult Blames circumstances or others when giving up Enjoys a challenge when persuaded of its worth Is generally positive about setbacks Tends to have a positive approach in most circumstances	Is reluctant to give up Owns the consequences of actions Enjoys and is fulfilled through challenge Absorbs setbacks Positive mindset
Stays involved with their learning	Easily distracted Needs external direction Only engages in tasks with immediate appeal	Can be distracted Needs some persuasion Will engage in an open ended task in a purposeful environment	Remains absorbed Is a self-starter Prepared to engage in open ended tasks
Sets targets and practices	Limited sense of cause and effect Focused by requirement Doesn't practise	Understands cause and effect Capable of setting targets Practices when personally curious or when supervised	Strong sense of cause and effect Focused by outcomes Practices regularly against personal targets